

A guide to self reliant living

Helping People Prepare for Hard Times since 1999



**News on the Mexican Swine Flu event can be [found here](#).
Also on this page are links to preventative measures and treatment.**



Time is fast running out to get preparations done for hard times. Unemployment is rising above 10% and headed for Great Depression levels. The credit crisis is still very much alive, and many large "zombie banks" will fail this year.

**IF YOU WANT TO BE PREPARED, CHECK THE INDEX IN THE LEFT COLUMN!
There are over 1800 pages on the web site covering all aspects of preps.**

Obama's Treasury Department and the Federal Reserve are effectively creating money out of thin air in a vain attempt to stem the tide of cascading defaults, but there are too many leaks in the dyke to prevent the flood financial devastation from washing over the country. The \$50 Trillion of wealth destruction in the past 15 months has so far soaked up the newly created greenbacks, but the repeated Trillion Dollar "stimulus" and "bail out" packages in the first 60 days of the Obama/Pelosi Administration threaten to turn into a full-fledged hyperinflation by the autumn of 2009. At that point it will be extremely difficult to stockpile anything as simply scrounging enough to live on will be a real challenge. The time to prepare is *before* we are deep into the "Greater Depression."

One of the main problems in getting prepared now is a shortage of supplies - people are getting what they need as quickly as they can. Garden seeds are selling out very fast as people prepare to put Victory Gardens in back yards. Pre-packaged storage foods are out of stock from many of the large vendors, but this website shows you how to prepare your own. Other supplies such as defensive and hunting firearms and ammunition, reloading supplies and equipment, are in very short supply and the prices are rising daily.

America could become a [3rd World nation](#) overnight. Don't believe me? Read [Survival In the City](#).

The concepts involved in self reliant living are simple. The implementation is not. It takes dedication and effort to prepare for adversity. The beneficial need of prudent preparations are self evident. With proper preparedness comes security and peace of mind. Problems will slide away as you enable yourself to believe in your ability to just live without fear and struggle. You will not have to rely on government handouts, a community shelter, a food line, or daily onerous trips laden down with milk jugs to the county water tanker truck if available. Those who are not prepared will be controlled. Those who are prepared can live free. The choice is yours to make.

[Prepare for Nuclear Terror](#)

"In a few days or weeks, everyone who has not prepared for disaster will panic. I would like for you to realize that you may have already waited too long to properly prepare, and if you wait much longer, it will be too late to buy gold, guns, and groceries. ... The name of the game will be survival, only survival. Forget the job since it will be gone. Your Social Security or pension check? Don't count on it. Protection from local authorities? Probably not. You will be on your own."

Don Boys, former member of the Indiana House of Rep.

An excellent reason of why people should prepare was sent to me by a reader of this web site. [Click here](#), and see if you can fault his logic.

So, how does one become prepared? Preparation is more than reading a book on how to identify edible wild plants, written by an armchair theorist whose worst nightmare is not finding a parking place for his Volvo in front of his favorite Starbucks. Real preparation is work - hard work - and it is not free. This web site is free, and it prints to over 1,800 pages, so clicking the links at the bottom of this page will take you to hundreds of individual pages, all within this one web site. I deliberately placed most of the pages on the left side of the screen so they will print easily with full, intact lines of text.

EndTimesReport.com is a guideline for preparations for virtually any future calamity, but we are not so arrogant as to tell you that skimming through this site in one night is the salvation to your survival needs...you can hear that from the city slickers dreaming about how wonderful life would be if we all lived in harmony in nature and food magically appeared on the table three times a day. Self reliant living is a lifestyle, not a weekend game! Real preparations take a lot of thought and action on your part. Much of what you need to learn is timeless, so I need not update or revise those sections: canning butter or properly preparing grains for storage are not fashion statements and the methods used do not change with the political winds. If you can master the basics, you are vastly ahead of 99% of the population.

[Preparations are valuable for "personal" catastrophes](#) as well as large, national events. Cheryl, a reader of this web site, wrote to me with a list of the value of preparations for personal disasters. I cannot improve on her reasoning, so I present it as she wrote it.

You, just you as an individual or family group, have to take action, really do something, to prepare on your own for your own survival. I can help with the wisdom that comes from having lived a self reliant lifestyle, having made the mistakes, purchased the products that do not work, and point you in the right direction for the best preparations at the least cost, and I can show you photos with the proof that I have done it myself, and therefore it is possible. The rest is up to you.

Respectfully,

Miles Stair



One excellent reason for preparations...

All articles on this web site are listed below in a vaguely alphabetical way.

[Preparations](#)

[Survival in the City](#) Reasons for preparations.

[Communications](#)

- [The Tiny AM/FM/SW Survival Radio from Miles Stair](#)
- [Choosing a Portable Survival Radio, by Farmerik](#)
- [Protect your radios with a Faraday cage](#)
- [Scanner Frequency Guide](#)
- [Shortwave Frequencies](#)
- [Iranian Shortwave Broadcasts](#)
- [Ground Antenna](#)

[Electrical](#)

- [Alternative Charging](#)
- [Battery Adapter](#)

- [Build a cart for your generator](#)
- [Dirty Power](#)
- [EMP - PRACTICAL PROTECTION](#)
- [Making Faraday cages](#)
- [Home-Bred Steam Power](#)
- [Generators](#)
- [Re-energizing Dead Generators](#)
- [Solar Power](#)

Essential Tools (See Homebuilt items below for Essential Skills)

- [Blacksmithing](#), by Dale Raby
- [Home Defense](#)
- [Reloading .410 Bore Shotshells](#)
- ["Homeland Security" Reloading](#)
- [Government has "No Affirmative Duty" to protect us](#)
- [Knives](#)
- [Emergency shelter](#)
- [Wood Cutting & Splitting Tools](#)
- [Using Crosscut Saws Efficiently](#)
- [Sharpening Large Cross Cut Saws](#)
- [Sawbuck photos #1, #2, and #3](#)
- [Water Level](#)
- (See HOME BUILT ITEMS BELOW)

Food

- [The Coming Starvation in America](#)
- [Apple Sauce Cake In A Jar](#)
- [Back Porch Jello](#)
- [Baking Bread Without an Oven](#), by Farmerik
- [Rival Bread'n Cake Bake Pan Instructions](#) from Farmerik
- [Kero Cooker Boils Beans](#) by Farmerik
- [Canning Butter](#)
- [Canning Fruit Juices](#)
- [Mehu-Liisa steam juicer instructions](#) by Farmerik
- [Canning Soft Cheese](#)
- [Emergency Food and Water Supplies - from FEMA](#)
- [Water Bath Canning](#)
- [Hamburger Rocks](#)
- [How Much To Store](#)
- [Making Maple Syrup At Home](#)
- [Making mayonnaise](#)

- [Non-Electric Cooking](#)
- [Storing Flour](#)
- [Storing Grain In Buckets](#)
- [Storing Honey](#)
- [Storing Meat Part 1](#) - Pemmican
- [Storing Meat Part 2](#) - Jerky
- [Storing Meat Part 3](#) - Building & Using A Smoke House
- [Waxing Cans & Boxes](#)

Manna Meals

- [Cornbread Recipes](#)
- [Pinto Bean Recipes](#)
- [Kero Cooker Boils Beans](#) by Farmerik

Gardening

- [Beekeeping for pollination and honey](#)
- [Build a "bee safe" for your valuables](#)
- [Honeybees used in warfare!](#)
- [Important Dates in Beekeeping](#)
- [Killing Honeybees if necessary](#)
- [Swarm Control](#)
- [Fava Beans](#)
- [French Intensive Gardening](#)
- ["Fuel Food" for survival](#)
- [pH Preference Level](#)
- [Pollination & Cross-Pollination](#)
- [Saving Seeds](#)
- [Gardening & UV Radiation](#)
- **Gardening by FARMERIK** - He's in the Northeast, I'm in the far West.
- [Asparagus, An Ideal Survival Vegetable](#)
- [Choosing Gardening Tools](#)
- [Conducting Garden Trials](#)
- [Corn is King](#)
- [Gardening is Not Just for Vegetable s](#)
- [Garden Tractor Gardening](#)
- [Garden Tractor Gardening II](#) (Cont.)
- [Garden Tractor Gardening III - Preparing the soil to plant](#)
- [Simplicity Model "C" Original Factory Brochure](#) (long .pdf download)
- [Introduction to Garden Tractors](#) (.pdf)
- [Five Sizes Furnish Power for Every Grower's Requirements,](#)
from a 1938 Wards Farm Catalog,

- [Garden Tractor Guide](#) - checklist for garden tractors (.pdf)
- [Garden plan](#) - how to plow (.pdf)
- [Amount to grow](#) (.pdf)
- [Jerusalem Artichokes, Poor Man's Potatoes](#)
- [Kero Cooker Boils Beans](#)
- [Making Maple Syrup At Home](#)
- [Planning Home Food Production](#)
- [Plant and Animal Breeding](#)

Home Built Items & Essential Skills

- [Blacksmithing](#), by Dale Raby
- [Building a cart](#) for a generator, kerosene heater, etc.
- [Building A Solar Oven](#)
- [Carpentry](#)
- [Cleaning Old Engine Oil](#)
- [EMP - Practical Protection](#)
- [Making Faraday cages](#)
- [Making a cooking stand](#) for kerosene stoves
- [Making a 12 volt battery adapter](#)
- [Making Maple Syrup At Home](#)
- [Preservation Oils, Lubricants, Grinding & Sharpening Stones, Files](#)
- [Playing with Temperatures](#) - making your own tools.
- [Water - gravity flow system for chickens and livestock](#)
- [Sharpening Large Cross Cut Saws](#)
- [Sawbuck photos #1, #2, and #3](#)
- [Shelter](#) - even if it means building a log cabin.
- [Survival Reloading](#) (work in progress)

Kerosene stuff

- **Kerosene appliances**
- [Regular Maintenance](#)
- [Sources of Supply](#)
- [Auto Motor Heater Instructions](#)
- **Kerosene heaters**
- [Kerosene appliance wicks](#) (heater wicks in general)
- [Kerosene heater wicks](#) (a list by make and model)
- [Kerosene heater wick replacement](#) (generic for radiant heaters)
- [Breaking In New Kerosene Appliances](#)
- [Brooder house heaters](#) make a fine mini-heater!

- [Build a wheeled cart for your heater](#)
- [Burning Kerosene Heaters At Night](#)
- [Kerosene stoves](#)
 - "Butterfly" brand kerosene stoves are available from www.StPaulMercantile.com. St Paul Mercantile is highly recommended. Their prices are low and service is high - a great combination!
- [Butterfly #2418 two-burner stove: Information and Operating Instructions](#)
- [Butterfly #2412 Pressure Stove: Information and Operating Instructions](#)
- [Butterfly #828R lantern: Information and Operating Instructions](#)
- [Butterfly #2421 Oven for use on Butterfly kerosene stoves](#)
- [Kerosene stove wicks - source of supply](#)
- [Instruction Manual for 1927 Ward's Windsor Kerosene Range; 5.86 MB .pdf download, courtesy of Farmerik.](#)
- [Setting Up A Multi-Wick Butterfly Stove](#)
- [Building A Cooking Stand](#)
- [Non-Electric Cooking & Kitchen Equipment](#)
- [Recommendations & Test Results](#)
- [Kerosene fuel and storage](#)
- [Sweet Smelling Kero](#)
- [Life WITHOUT the power grid](#)

Lighting

- **Kerosene lamps and lanterns**
- [B & H and P & A Lamps - the finest lighting ever made](#)
- [Butterfly #828R lantern: Information and Operating Instructions](#)
- [Cleaning Lamps & Lanterns](#)
- [Coleman Kerosene Lantern Operating Instructions, from "Farmerik"; 1.6 MB pdf](#)
- [Czech Wall Lamp](#)
- [Kerosene Lamp Test](#)
- [Kosmos Lamps](#)
- [Mantles For Kerosene Pressure Lanterns](#)
- [Petromax or Butterfly 828R Pressure Lanterns](#)
- [Petromax Operating Instructions](#)
- [Petromax Owners Manual](#)
- [Making Candles](#)
- **Electrical lighting tips**
- [Battery Primer by "Farmerik"](#)
- [LED Lighting by "Farmerik"](#)

Medical

- [Advice for Protesters](#)
- [Basic Colloidal Silver Generator](#)
- [Bird flu, Liberty, and Quarantine](#)
- [H5N1 Coming - So, What Do We Do?](#)
- [Bird Flu: Personal Preparedness Must Include These 4 Critical Areas](#)
- [U. S. Plan For Flu Pandemic Revealed _](#)
- [Is U. S. prepared for bird flu pandemic?](#)
- [Mutated H5N1 - Enforced quarantine during the next pandemic](#)
- [Preparing for Pandemic](#)
- [Broad Spectrum Antibiotics](#)
- [Home Remedies](#)
- [Prescription Longevity](#)
- [Typhus & Cholera](#)
- [The Plague](#)
- [Veterinary Medications](#)
- [Survival and Austere Medicine](#) (long .pdf download) Very good!

Sanitation

- [Fels Naptha Laundry Soap](#)
- [Making Bar Soap](#)
- [Making Lye Water](#)
- [Fly Control](#)
- [Rodent Control](#)
- [Sewage Disposal](#)
- [Surface Disinfection](#)

War Preparations

- [Nuclear War Preparations](#)
- [Shelter Savvy, Part 1, by Hal Walter](#)
- [Shelter Savvy, Part 2, by Hal Walter](#)
- [Shelter Savvy, Part 3, by Hal Walter](#)
- [Shelter Savvy, Part 4, by Hal Walter](#)
- [Shelter Savvy, Part 5, by Hal Walter](#)
- [Preparedness Evaluation, by Hal Walter](#)
- [SURVIVAL DEFENSE SAVVY I](#)
- [SURVIVAL DEFENSE SAVVY II](#)
- [SURVIVAL DEFENSE SAVVY III](#)
- [Prepare for Nuclear Terror](#)

- [Emergency Food and Water Supplies - from FEMA](#)
- [Most not prepared for attack](#)
- [Potassium Iodide \(SSKI\)](#)
- [EMP - PRACTICAL PROTECTION](#)
- [America At War - Six Months in the Dark](#)
- [Making Faraday cages](#)
- [Evacuation Plan for an EMP attack](#)
- [Iran plans to knock out U.S. with 1 nuclear bomb](#)
- [Iran now "equipped for an atomic weapon"](#)
- [Many nations are making plans for an EMP attack](#)
- [Ex-CIA chief warns of EMP nuke threat](#)
- [Experts: U. S. unprepared for nuclear terror attack](#)
- [Warning from Sen. John Kyl on EMP threat](#)
- [Warning from Newt Gingrich on Emp Threat](#)

- **Other Nuclear Related:**

- [Nuclear Apocalypse -](#)
- [A U. S. Attack on Iran: The Perfect Storm for wider nuclear conflict](#)
- [Al-Qaida nukes already in U. S.](#)
- [Osama's biographer says nukes in U. S.](#)
- [Al-Qaida suitcase nukes in US.](#)
- [Dirty bomb victims 'may be shot'](#)
- [First Strike With Tactical Nukes Being Proposed](#)
- [North Korea: "We'll put a torch to New York"](#)
- [North Korean Missile Warhead Found in Alaska - the only ICBM to hit American territory!](#)
- ["Nuclear War Survival Skills" by Cresson H. Kearny](#)
- [Pentagon devising scenarios for martial law in US](#)
- [Terrorists can build nuclear weapons](#)
- [U. S. Called Unprepared For Nuclear Terrorism](#)
- [U. S. Installing Radiation Detection Equipment at US Ports](#)
- [Al Qaida declares Jihad against America](#)
- [Al Qaida chemical attack](#)
- [American terrorists now active](#)
- [American 5th Columnists are now active](#)
- [Government has "No Affirmative Duty" to protect us](#)
- [Honeybee "bee safe"](#)
- [CIA Chief Predicts War With No End](#)

- [China's Army On Combat Alert](#)
- [Mutated H5N1 - Enforced quarantine](#) during the next pandemic
- ["OIL SHOCKS in the USA?"](#) America a 3rd World country overnight.
- [Russian Military Movements](#) - and catastrophic weather expected.
- [Secret FEMA Plan To Use Pastors as Pacifiers in Preparation For Martial Law](#)
- [Surviving in the City](#)
- [The Coming Starvation in America](#)
- ["...you must plan now and be ready..."](#) by Edgar Steele

Water

- [An Inexpensive Water Filter](#) you can make -
- [Emergency Food and Water Supplies - from FEMA](#)
- [Water by Jiyani](#)
- [Ram Pumps](#)
- [Sterilizing Water](#) tanks
- [Storing Tap Water](#) in 2 liter pop bottles
- [Storing Water In Barrels](#)
- [Storing Water in Tanks](#)
- [Water disinfection](#)
- [Water For Chickens](#) or farm stock - gravity flow tanks

Wood Cooking & Heating

- [Ash Removal](#)
- [Chimney Fires](#)
- [Cooking With Wood Stoves In The Summer](#)
- [Drying and Storing Firewood](#)
- [Hydraulic Log Splitter](#)
- [Monarch Wood-Electric Range Instructions](#)
- [Thermal Mass Wood Stove](#)
- [Wood Cutting & Splitting Tools](#)
- [Using Crosscut Saws Efficiently](#)
- [Sharpening Large Cross Cut Saws](#)
- [Sawbuck photos #1, #2, and #3](#)
- [Hydraulic log splitter](#)
- [Shelter - Log Cabin building tools](#)

Prophecy

- [Akita](#)
- [Fr. Gobbi](#)

- [Garabandal](#)
- [Michael Coppi Resources](#)
- [La Salette](#)
- [Three Days Of Darkness](#)
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http://www.endtimesreport.com/OIL_SHOCKS.html

"OIL SHOCKS in the USA?"

-by Andrew Strom

www.tribtimes.com

On Monday I returned from a third-world country named Southern Mississippi. At least, that is how it felt down there - like a 3rd world country had come to America. It gave a chilling preview of what life here could be like if just a few of the luxuries we take for granted were disrupted.

The primary one of course being OIL or GASOLINE.

The United States is terribly vulnerable to any kind of severe Oil Shock. And I want to describe to you what happens when even a rich state loses its access to basics like electricity, transport and gas. I believe that these two hurricanes have played out before our eyes the fragility of a system that is so utterly reliant on oil. Those semi-trucks that we see roaring down the highways everyday - they are like a lifeline to this country. If they stop delivering supplies to the stores and supermarkets for even a few days or a week, then the whole system will fall over.

It is the same with the electrical grid. It too is heavily reliant on oil for power generation. And all of our communications, computers, lights, businesses, appliances, TVs, radios, etc - all need electricity to run. It gives me the chills to see how easily America could be shut down. A civilized nation at the height of her powers - utterly reliant on a black liquid, mostly imported from the volatile Middle East. Unbelievable. What happens when the gas stations run dry? We saw this in Texas. People are trapped. They get stuck on the highways, unable to get out. And when basic transportation fails, then business fails also. Without regular supplies by truck, most businesses would fall apart within a week.

All it took was ONE emergency, and the system could not cope.

What happens if there are MANY emergencies all over the nation?

When I first got to Southern Mississippi in the wake of Hurricane Katrina, it did not take me long to realize what a basic issue this was down there. I remember talking to a lady who was working gutting out ruined homes. She told me that she was UNABLE to leave the area - even though she wanted to. Her car had filled with water during the storm - and would never run again.

Her bank (if she had any money in it) was closed - in fact, no businesses were open at all in the entire area. All the gas stations were either wrecked or shut down. She was working so she could save up some money to get out. -And there were MANY people in this kind of situation. A neighbor up the road from our base lost THREE CARS that are now parked useless across the street - they had been submerged and would not run. And thus, people get TRAPPED. When people lose "civilized" transport, they have only one option.- They turn to "Third World" transportation. You see them walking everywhere on foot, or riding bicycles. And this is exactly what happened. It is the same with electrical appliances.

Our home base in Mississippi had been flooded with water 5 feet deep. There is still a 5-foot water-mark in all the rooms. The place was full of mud when we arrived. There was water sloshing around in the oven. The washing machine made funny "sparking" noises - full of water. The electricity was off and the generator was little help. So what do you do? -You return to "Third World" ways. You wash your clothes by hand in the tub or in a bucket. You cook with a portable gas stove. You sit around at night talking in the dark - or with some kind of lantern. There are no televisions, no DVD's or stereos (blessed peace!) There is no hot water, no air conditioning, nothing. It is just like being in a 3rd world country. There is little of "modern civilization" left. In fact, like a lot of people we even slept outdoors for awhile. Many people slept in tents because their house was unlivable. We slept in a park across the street - joining some others that we had met there. The mosquitoes were terrible, but it was OK.

So let me summarize this "Third World" American scenario for you. Without gasoline, electricity or transportation, you lose just about everything. I can tell you this for a fact, because I have seen it. You return to the status of a peasant with a bicycle. None of your modern conveniences will work. Nothing at all.

If the gasoline is gone, you cannot even charge your cell phone in the car. And notice that all it takes to make this scenario happen is LOSING THE OIL. Every one of our modern conveniences is ultimately reliant on that one commodity. Makes you think, does it not? So are you ready for your REAL "Oil Shock", America?

I am convinced that God was bringing a wake-up call to this nation through the recent hurricanes. You will notice that BOTH hurricanes targeted three basic things. Sin and hedonism had everything to do with it. In both hurricanes, the CASINOS and also "SIN CITY" itself - New Orleans - took a major hit. (Katrina wiped out the Casinos on one side and Rita wiped out those on the other). Surely this cannot be mere coincidence? And both hurricanes filled New Orleans with water. It really was staggering. Surely God was saying something through this? But the third thing we have to take note of is that both hurricanes targeted the OIL - and showed up the terrible fragility that the United States has in this area.

It does not bode well for the future if America fails to heed these wake-up calls.

She is terribly vulnerable in this area - far more fragile than we have seen in the past. And God is looking for this nation to REPENT of her hedonism, her materialism and her "worship of pleasures" before much worse comes upon her. This was clearly the message of the hurricanes, to my mind. God was showing how easily America can be "taken out".

http://www.endtimesreport.com/Surviving_in_the_City.html

Surviving in the City

This article is from Christopher Parrett's book, "The LDS Preparedness Manual" which is posted for free downloading to any and all at <http://www.abysmal.com/LDS/Preparedness/> The author also has a web site at www.anothervoiceofwarning.org The article has been around since Y2K days and is still relevant.

(See counterpoint below) And for a different viewpoint from that, see [Guest Submissions](#).

Introduction

While we all want to do our best to prepare for a coming crisis, and many of us realize the city is perhaps the worst place to live, very few people are really prepared to pack up the old Winnebago and head for the hills. Most Americans, whether they're aware or not, are going to stay in the cities.

This is not a hasty decision for most people. Most of us depend on the city for our livelihood, and we can be better prepared by continuing to live in the city, earn a good income, and make preparations for exiting the city at the appropriate time or by staying in the city and living off existing supplies.

This special report explains some of the most critical dangers of living in a city and presents some solutions to surviving them. If you are one of the people who has decided to stay in the city, you'll benefit greatly from this information.

Cities are artificial

Every city is an artificial construct. Cities formed as people came together to conduct business, participate in social interaction, and benefit from efficiencies in public services (such as schools, sewers, water, etc.) and a common defense. Yet cities cannot survive alone. They need resources from the country; most notably, food, water and electricity. While electricity and water can sometimes be created or found within city limits, the acreage requirements of food dictate that no city could possibly feed its own people.

Read that last phrase carefully: No city can feed its own people. Not one. Cities are, by their very nature, dependent on the importation of food. The advent of just-in-time delivery systems to our grocery stores means that most cities would run out of food within a week if supplies were for some reason disrupted.

Remember, cities are not self-sufficient. Although they may seem to be in 2005, they have for a long time been entirely dependent on the American farmer for their support, something almost all Americans take for granted (except the farmer, of course.)

Risks in the City

The city presents some serious risks during a crisis. The four most serious ones are:

1. the collapse of social order (riots),
2. the failure of the water treatment and delivery systems,
3. the depletion of food supplies and
4. the failure of the power grid.

While not every situation will appear in every city, every situation will most certainly appear in some cities. Will that include yours? We'll tackle these one at a time:

1. The Collapse of Social Order

"Social order" is a delicate thing, and it exists as a psychological barrier that could easily collapse under the right conditions. We all saw this during the L. A. Riots following the Rodney King trial verdict as citizens of L. A. set fire to their own town, yanked people from vehicles and beat them literally to death, and even fired guns at firemen attempting to save their buildings! More recently we were all witness to the looting, violence and total breakdown of society following Hurricane Katrina in New Orleans.

What allowed this to happen? Simple: the simultaneous melting away of the psychological barrier of "order." Once people realized 911 couldn't handle the load, or was offline, that the local police were helpless or had simply abandoned their posts, "Law and Order" ceased to exist in their minds. They then conducted their lives in the way they always wanted to, but couldn't because of the police. That is, they ran out to the local stores and just took whatever they wanted (looting). They took out their racial frustration on innocent victims who happened to be driving through the area, and they let loose on a path of destruction that only stopped when men with rifles (the National Guard) were called in to settle things down. In other words, only the threat of immediate death stopped the looting and violence. Rifles work wonders.

Imagine store owners lying prone on the roofs of their stores with AK-47's, firing at anyone who approached. This is exactly what happened in Los Angeles. But worse, imagine the lawless horde firing at the rescue copters trying to bring in supplies to the desperate masses.

The National Guard eventually got things under control. This event was isolated, however, to one city. Imagine a hundred cities experiencing the same thing. Will the National Guard be able to handle the load? Not likely. What about local police? They aren't fools; if things look bad enough, they'll grab their families and head for the hills, just like they did in New Orleans. No pension is worth getting killed for. A few U. S. cities could be transformed into literal war zones overnight. It would require all-out martial law and

military force to have any chance whatsoever of bringing order to these streets. And the reality is that there are not enough military in the USA to secure all of the cities if this happens.



This collapse of social order is perhaps the greatest risk of staying in the city during a crisis. **What, exactly, would cause this collapse of social order? Lack of three things: food, water, and money.** When people run out of food, some will begin ransacking their neighborhood, searching for something to eat. (Remember that in a city, a "neighbor" does not mean the same thing as a "neighbor" in the country. They are not necessarily your friends.) It won't take long, then, for violence to take over in some cities. While certain regions will certainly manage to keep things under control and people will form lines at the local (depleted) Red Cross shelter, other cities will see an explosion of violence. Imagine the gang-infested regions of L. A., Chicago, New York, St. Louis & New Orleans. Do you think those people are going to stand in line and wait? They already have guns; now they finally get to use them. Pent-up racial tensions & hostilities will simply serve as justification for shooting people of the same or other color in order to get their food.

Even if the food somehow gets into the cities, lack of money (due to the government not sending out checks) could cause the same thing. Eventually, lack of money results in looting and mass theft. As the stealing balloons, it also results in a collapse of social order. Water; the same thing (but faster). The collapse of social order is also very dangerous because it doesn't require any "actual" collapse of the power grid, telecommunications, transportation or banking. Social order is a psychological artifact. It is a frame of mind, and any global panic can quickly remove the mental barrier that right now keeps people basically "lawful."

The Failure of Water Treatment and Delivery Systems

Will the water treatment facilities fail during a crisis? Many will. Some won't. The problem lies in figuring out whether yours will. Certainly, they depend on electricity, and testing conducted on some plants has already revealed weaknesses in the system.

In one such test, the water treatment plant released a fatal dose of fluoride into the water system when tested. The computers thought they were 99 years behind in releasing minute doses of fluoride, so they made up the difference. If you happened to be downstream, drinking that water, you were dead. Fluoride, no matter what misinformed dentists tell you, is actually a fatal poison. A major crisis likely to demonstrate this fact in more than one city.

The most important question here, though, is about what will happen when the water stops flowing (or if it is flowing, but it's not drinkable). As you are probably aware, while people can live without food for long periods of time (2-3 weeks), water is needed on a daily basis. You can go 2-3 days without it, at most, but beyond that, you'll quickly turn to dust. [See www.EndTimesReport.com/water.html]

That means people will do anything to get water, because to not have it means death. And guess where it's going to be the most difficult to actually get water? You guessed it: in the cities. During the first day of

the water crisis, many people still won't figure out what's going on. They'll figure it's a temporary breakage of a water main and the government will get it fixed within hours. As those hours stretch into the next day, these people will get very worried.

By the second day, more and more people will realize the water isn't coming. At that point, you could easily see a breakdown of social order, as described in the previous section (as you can see, these things all tend to cause each other.). People will begin their "search for water," and the first place they're likely to go is where they always go for liquids: the grocery store, the local Wal-Mart, the 7-11. The shelves will be cleaned out rather quickly.

Beyond that (because those liquids aren't going to last long), you're going to see people engaged in a mass-exodus from the cities. They'll take the gas they have left in their tanks and they'll leave the city in search of water. Some will go to "Grandma's house" out in the country where they might at least find a pond or stream to drink from. Others will simply go on an expanded looting mission, stopping at any house they see and asking the residents (with a gun in their face, likely) if they have any water to "donate."

As a result of all this, if water stops flowing, here are the events you can expect to see in some of the worse-off cities:

- * Looting of all the grocery stores by the second or third day (remember New Orleans?)
- * Minor outbreaks of violence during the looting. Shop owners, for example, may attempt to defend their shops with firearms (ala L. A. Riots)
- * Mass exodus of residents from the city in search of water
- * Ransacking of any houses or farms within a gas-tank radius of the city, presumably by desperate people with guns
- * Mass traffic jams on the outbound highways as people run out of gas and abandon their vehicles (if bad enough, this could actually block the highways and trap people in the cities) (Remember Hurricane Rita?)
- * Mass outbreak of water-borne diseases as people use streams and rivers as both a water fountain and a bathroom. People crapping upstream are going to infect the people drinking downstream. Very few have any kind of water filtration device. That last point is really critical. Once the water flow stops, disease is going to strike.

The Depletion of Food Supplies

The food supplies will likely dwindle quickly as we approach a possible crisis due to people stocking up just in case. Once the crisis actually hits, expect to see breakdowns in the transportation sector that will result in major delays in food delivery. This means food may arrive in sporadic fashion in some cities (if at all).

Once this happens, food suddenly becomes really valuable to people (even though they take it for granted today). And that means any small shipment of food that arrives will be quickly grabbed and eaten or stored. It only takes one week without food to remind people how much they actually need it, so expect the atmosphere to be that of a "near panic" if food is delayed by as little as three days. The level of panic will vary from city to city. Some cities or towns may experience very little difficulty receiving food. Others may face near-starvation circumstances.

Remember, the cities depend entirely on food shipped in from the farms and food processing companies. Also, note that if there's a water problem as mentioned in the previous section, and the mass exodus begins, the highways may be jammed up at critical locations, causing gridlock for the trucking industry. If we're lucky, some trucks will continue to roll. If we're not, assume that nothing gets through. [See www.EndTimesReport.com/food.html]

A shortage of food ultimately results in the same behavior as a shortage of water. First, people eat what's in the pantry, then they loot the grocery stores. After that, with all local supplies depleted and no hope on the horizon, they leave the city and start ransacking nearby homes. Some will hunt in nearby forests, but most city-dwellers don't know how to hunt. In any case, anyone with the means to leave the city will likely do so soon after their food shortage begins.

The Failure of the Power Grid

Nothing is as suddenly obvious nor has such a gigantic psychological impact as the failure of the power grid. When the electricity stops, almost everybody knows it at the same instant (unless it happens at

night).

Naturally, during the first few hours of the power failure, if it occurs, people will assume it's a temporary situation. Maybe a tree fell on some power lines, or perhaps a transformer blew up somewhere nearby. They'll sit tight and wait for the power to come back on.

What if it doesn't? Then the city faces a severe problem. Without power, obviously, everything shuts down. Within hours, the looting begins in the more crime-ridden cities (we saw this in New York a few decades ago.). The longer the power stays off, the worse the social disorder.

The loss of power will bring the entire city to a halt. While vehicles may get around for a few more days (using whatever fuel they have left), businesses obviously won't be operating. Houses that depend on electricity for heat will quickly reach Winter temperatures, freezing many occupants to death. [See www.EndTimesReport.com/kerosene.html] While those that depend on electricity for Air Conditioning will just as quickly reach Summer temperatures, resulting in death from heat stroke. Hospitals and police stations may have generators on hand, with a few days worth of fuel, but in short order, that will be depleted, too.

But the water treatment plant will almost certainly be off-line without power, causing all the events mentioned in the water section, above. Let's face it, the power is the worst thing to be without in the city. If you have power, you can survive a food shortage, perhaps even a short water shortage. But without power, all bets are off. If you have a "bug-out" vehicle stocked and ready to go (see below), this might be the time to bail.

Solutions in the City

Okay, so you're stuck in the city. You've made the decision to stay. You've read the problems above, you believe they make sense, and you're intelligently frightened. What now? You really have two strategies. You can:

- * Stay and defend your house
- * Bug out (leave the city and head for the hills)

Important! This is not an either/or situation. You can begin by staying in your house and assessing the situation. You'll want to have a "bug-out" vehicle stocked and ready, just in case, if you can afford one, but you may never actually choose to bug out. You'll have to be the ultimate judge of this. Just remember that when you bug out, you face major risks and disadvantages. Among these:

1. You're severely limited in how much you can carry -
2. You have limited range due to fuel -
3. You expose yourself to social chaos, roadblocks, random violence, etc. -
4. Your house will certainly be looted while you're gone -
5. You run the risk of mechanical breakdowns of your vehicle -
6. You must have a place to go that you know is in better shape than where you currently are.

In general, unless you have a specific, known safe place as your final destination, I don't advise people to bug out. Just "heading for the hills" is a very poor plan. You might not make it. But heading for Grandma's house or some known, safe place could be a very good plan indeed, depending on whether Grandma is ready, willing and able to accept you! [This subject is covered in depth in my booklet, "[Evacuation and Relocation.](#)"]

For these reasons (and more), staying and defending your house is sometimes the only reasonable course of action, even if it seems dangerous. For the most part, looters and people looking for food are going to have plenty of easy victims, so if you show a little willingness to use force to defend your property, you'll likely send people on to the next house. [See www.EndTimesReport.com/homedefense.html]

That is, until the next house is already empty and you appear to be the last house on the block with any food and water left. If you're in a bad enough area, your neighbors may "gang up" on you and demand your supplies or your life. This is truly a worst-case scenario, and unless you literally have a house full of battle rifles and people trained to use them (and the willingness to shoot your neighbors), you're sunk. This is why the best situation by far is to keep your neighbors informed and help them get prepared. Then you (both your member and non-member neighbors) can act as a group, defending your neighborhood

and sharing the supplies you have with anyone willing to help defend you.

When you have this kind of situation going, your neighbors realize you are their lifeline. You supply them with food and water, and they will help support you because they are, in effect, supporting their own lives. The best situation is when your neighbors and other ward members have their own food and water supplies. That way, they aren't depleting yours, and they have a strong motivation for getting together with you defend your neighborhood. (More on this below.)

Storing (and Hiding) Your Food

Storing food is just as important in the city as in the country, but hiding it is far more important. That's because in the worst areas, marauders will be going from house to house, demanding your food or your life. If you're dumb enough to put everything you own in the obvious places, you might as well not buy it in the first place. They will find it. To count on having any amount of food left over after the marauders break in, you'll need to hide your food.

One alternative is to plan on defending your home with force. If you have enough gun-wise people in the house, and enough firearms and ammo, you can probably pull this off. But most of us aren't nearly as experience with firearms as the gang members. A better alternative might be to plan on bringing you supplies to your ward/stake building where all of the Saints can both pool and defend their resources. This of course will depend greatly on your local Bishop and Stake President.

Back to hiding: the best way to hide your food is to bury it. You'll need airtight containers, long-term food that won't rot and you'll need to plan ahead. Bury your food at night so nobody will notice, and make sure you don't leave the map on the refrigerator door! (Better to memorize it!) Try to get the ground to look normal after you're all finished. You'll want to bury your food as early as possible because it gives the grass time to regroup over the spot. If you're in an area that snows, you'll have a great concealment blanket! Most food marauders won't go to the trouble to dig up food, especially if you insist you don't have any.

Best plan: Have some smaller amount of food stashed around the house, letting them find something. Better to give them something and send them on their way. The art of hiding your food is an ancient one. You've got to get creative. Use the walls, the floors, and the structure of the house.

If hiding your food is simply not an available alternative, then try not to advertise it. Keep it put away in your house or garage in as discreet a manner as possible. Don't make a point of telling people that you have a years supply (or more). Word gets around fast that Bro. Jones has a ton of food in his garage. Boxes of food fit nicely under beds, behind furniture, in the attic, etc.. Be Creative!!

To sum up the food storage, you really have three strategies here:

- * Store it all in your house and plan on defending it by force.
- * Bury it in your yard in case you get overrun by looters.
- * Store part of it in your house, and hide the bulk of it.
- * Relocate all of it as soon as you recognize a major disaster is in progress

One of the best ways to store food for burying, although it will only last 2-3 years in high-humidity areas, is to purchase 55-gallon good-grade steel drums. You can get them from: Memphis Drum Service, 3299 Tulane, Memphis, Tennessee 38116 (901) 396-6484; (800) 960-3786) The drums are only \$16.50, but shipping them is around \$30 each. Once you obtain the drums, dump in your grains or other food items. If you purchase bags of food from Walton Feed, this is the perfect way to store it. Don't leave it in the bags unless you're actively eating it. [Note: Plastic barrels do not rust.]

Then sprinkle some diatomaceous earth into the drum. You'll need about two cups to treat a 55-gallon drum, and it must be mixed in well. Diatomaceous earth is made from ground up sea shells, and it kills bugs by getting into their joints. You can get some from: Perma-Guard, Inc. 115 Rio Bravo S. E. Albuquerque, New Mexico 87105 (505) 873-3061

This diatomaceous earth is food grade, and on the bag it says, "Fossil Shell Flour." Their prices are one

pound, \$4.90; 2 lb., \$8.05; 5 lb., 14.70, 10 lb., \$18.00; 50 lb., \$24.95.

Once you get these drums filled and sealed, you can then bury them in your yard. This is actually a HUGE UNDERTAKING and is a LOT more difficult than it sounds, since you'll need to dig to a depth of around 5 or 6 feet in order to sufficiently bury these drums. You're likely to attract a lot of attention unless you do it at night, and you'll definitely be removing a lot of dirt that you'll need to find some use for. Because the drums are steel, they will also deteriorate unless you line the outside with plastic (a good idea) and treat the drums with some kind of protectant or oil. (Don't use WD-40.) Even Vaseline would work well, although you would definitely need a lot to coat a 55-gallon drum.

When you're all done, you should have your protected grains in 55-gallon drums, buried in your yard and protected against the humidity of the surrounding earth. It's a big effort, but then again, the food inside may save your life. You'll find it much more efficient to bury several barrels at once; side by side.

In reality it would be faster and easier to simply build a false wall in your garage and seal up your food behind the false wall. Sure, you might lose 2-3 feet of useable space in your garage, but the tradeoff is knowing everything is safe and sound.

Storing Extra Water

Water can be stored in exactly the same way, although you might want to bury the barrel before you actually fill it with water. Make sure you treat your storage water, rotate it or have filters on hand when you get ready to use it.

If you don't have a yard, or it's not practical to bury your water, you'll have to store water inside your house. This can get very tricky because water takes up a lot of space and it's very difficult to conceal. It's best to get containers made for long-term storage, but in a pinch, you can use almost any container: soda bottles, milk jugs (although it's very difficult to rinse the milk out), and even rinsed bleach bottles (in that case, you won't need to add bleach). But a lot of these containers will deteriorate quickly, and they may break easily. Also, consider what happens if your water may be subjected to freezing. Will your containers survive? Be sure to leave enough air space to handle the expansion. [See www.EndTimesReport.com/water.html]

In order to prepare yourself for the water shortage, assuming you're going to stay in the city, stock at least six months of water at a minimum two gallons a day per person. That's nearly 400 gallons of water if you have two people.

Of course, even with the best in-house preparations, you may find yourself depleted of water supplies. In this situation, one of your best defenses is to have a really good water filter (like the Katadyn filter) that can remove parasites and bacteria from the water. You can also treat your water in other ways (iodine, distillation, silver solution, bleach, etc.). Armed with these items, you can safely use stream or river water (or even pond water) for drinking.

WATER WELLS

By far, the best solution for obtaining long-term water supplies is to drill a well. Buy the best-quality hand-pump available (cast-iron pumps available from Lehman's) and a good cylinder. They will last a lifetime if installed properly. With this setup, you'll have a near-unlimited supply of water.

The total cost of doing this, depending on where you live, ranges from about \$4000 - \$6000. Is it worth it? If you've got the money, I think so. However, many cities simply don't allow the drilling of wells, so you may not be able to get one drilled even if you want to.

The deeper your well, the more expensive it gets. Most well drilling companies charge by the foot. When water is deeper, you also need a bigger pump and a more powerful cylinder, so the costs tend to really grow the deeper you go. If you can find water at 20', you're very lucky and it might not cost you even \$2000. If you have to go down to 200', it might cost you \$7500, and you're at the depth limit of hand-powered pumps anyway.

Defending Your Life and Property

Let's talk about force. No doubt, there are plenty of nice people in this country, and I think that in small

towns and rural areas, people are going to find ways to cooperate and get along. I also think, however, that some cities will suffer complete social breakdown and violence will rule. If you happen to be stuck in one of these cities, you're going to need to use force to defend your house. The section that follows discusses what I consider to be extreme responses to violence in the most dire situations. Hopefully, you won't find yourself in these circumstances, but if you do, the information below may be valuable.

Important: Do not use your lights at night. If you are stocking propane-powered lanterns, solar-powered flashlights, or other unusual supplies, using them at night will announce to everyone within line of sight that you have more than the "usual" supplies. Expect them to come knocking in your door. [See www.EndTimesReport.com/lighting.html At most, let a fire burn in the fireplace, but in general, avoid drawing attention to your house.

Defending your house is a crucial element on your stay-in-the-city plan. Make your house your fortress, and hold drills to help other family members practice some of the more common activities such as hiding, defending, evacuating, etc. Some useful items for home defense include:

- * A guard dog
- * Pepper spray
- * Firearms
- * Smoke bombs (military-grade)
- * Trip wires

Let's go over these: The guard dog is certainly a welcome addition to any family trying to defend their house. Although he probably eats a lot of food, the investment is worth it. Dogs also tend to sleep light, so let them sleep right next to the food storage areas, and make sure you sleep within earshot. If the dog barks, don't consider it an annoyance, consider it an INTRUSION.

Pepper spray is a great alternative to the firearm. It will incapacitate people and certainly give them a painful experience to remember. On the downside (potentially), it might just remind them that next time they come back for food, they better kill you first. So understand the limitations of pepper spray.

Firearms are useful for obvious reasons. In the worst-case scenario, when looting is rampant, you may have to actually shoot someone to protect yourself or your family. If you're squeamish about pulling the trigger under these circumstances, don't plan to stay in the city. Use the "bug out" plan instead.

Smoke bombs can be useful for covering a planned escape from your house. You can purchase high-volume smoke bombs that will quickly fill up any house with an unbreathable cloud of military-grade white smoke.

Trip wires are great perimeter defenses. You can buy them from Cheaper Than Dirt (they run a few hundred dollars). They will give you early warning if someone is approaching. You can connect the tripwires to flares, shotgun shells, light sticks or other warning devices. This way, you can have an audible or visible alert, your choice.

In addition to these devices, you can make significant fortification-style improvements to your home. While none of these are very affordable, they certainly help defend your home:

- * Replace glass windows with non-breakable Plexiglas
- * Add steel bars to the windows
- * Replace all outside door locks with heavy-duty deadbolts
- * Replace all outside doors with steel doors, preferably without windows
- * Remove bushes and other shrubs where people might hide
- * Black out the windows entirely to avoid light escaping at night (similar to what residents of London did during the WWII bombing raids)
- * Build secret hiding places for food, coins, or even people
- * Create escape hatches or passageways
- * Rig pepper-spray booby traps

These aren't as absurd as they might at first sound. Many people living in rough cities already have steel bars covering their windows, and removing extra bushes and shrubs is a well-known tactic for making your home a safer place.

LIGHT

To light your home when there's no electricity, try the following:

- * Use LED flashlights and rechargeable solar-charged batteries. You can buy all these items from the Real Goods catalog [Also see www.EndTimesReport.com/survival_shop.html]
- * Use propane-powered lanterns. You can find these in the camping section of your local Wal-Mart. Be sure to purchase extra mantles and store lots of propane.
- * Purchase quality oil lamps from Lehman's and stock up on oil. You can also purchase cheap kerosene lamps from the Sportsman's Guide or Wal-Mart, then simply purchase and store extra kerosene.
- * Buy extra candles.
- * Purchase lots of olive oil. Not only can you cook with it (and besides, it's a lot healthier than corn or vegetable oil), olive oil also burns as a clean candle fuel. You can float a wick in a jar half-full of olive oil and light the wick. Viola, a home-made candle. Olive oil is a fantastic item for your storage anyway because even if you purchase all the grains in the world, you'll still need cooking oil, and you obviously can't buy powdered cooking oil. Well-stored olive oil can last for thousands of years.

STAYING WARM

Did you know that people won't steal giant logs? Although they may easily steal wood you've already chopped, most people won't have any way of stealing logs. They're too heavy, and the vehicles won't have any gas left. For this reason, your best bet in regards to stocking fuel for your house is to stock up on UNCUT wood logs.

It takes a lot of extra research to find out how to get them (took me a few weeks of asking around), but you can find a source if you look hard enough. Or you can usually get a permit to go out and cut your own. The effort is worth it, because this will give you a ready-to-go source of heat and fuel that cannot be easily stolen.

The catch, of course, is that you'll need equipment to cut and chop the wood. A chainsaw is REALLY nice in this way, but it requires fuel. Fortunately, chain saws don't use much fuel, so if you have a way to store as little as 50 gallons or so, you've got enough to power your chainsaw for a few years (at least!). You'll need fuel stabilizers, too, which you can buy at your local Wal-Mart. (Be sure to buy extra chains for your chainsaw, too.)

You'll also need splitting hardware. You can buy log splitters or just buy an axe, a wedge, and a sledgehammer. [This is too simplistic: See www.EndTimesReport.com/woodcutting.html] Better yet, buy all four so you have a choice of what to use. And remember, wood splits much better when it's frozen, too, so you might just wait until the cold hits in Winter to start splitting your wood. Only split a little at a time, because you don't want to end up with a big pile of nicely-split wood sitting out in your yard. It will invite theft from people who don't have any. If you already have trees on your property, you're all set. Cut down about 4-5 cords right now, so they can start drying out, then chop them as you need them.

A "cord" of wood, by the way, is a volume measurement. It's 8' x 4' x 4', or 128 cubic feet of wood (stacked). Some people that sell wood will try to rip you off, so make sure you know what you're buying. If you purchase logs, it's better to get a price per linear foot, based on the diameter of the log. For example, you might ask for logs that are an average of 10" in diameter, and you'll ask how much the charge per linear foot would be. Something in the range of \$1 - \$2 would be great. [See www.EndTimesReport.com/storing_firewood.html]

Relations With Neighbors

I've already mentioned the importance of getting along with your neighbors. It really is crucial to your city-based survival plan. The best situation to be in, as mentioned before, is to have neighbors & other church members who are aware of the issue and who are getting ready for it by stocking their own food, water, and other supplies. Every neighbor & member that becomes self-reliant is one less neighbor or member you'll have to support.

The range of neighbor situations, from best to worst, is as follows:

- * Best case: your neighbor is current Recommend holder, is aware of and both temporally & Spiritually prepared for an emergency with their own supplies and training.
- * Good case: your neighbor is aware of a potential crisis, and even though they don't have their own

supplies, they're willing to help defend yours as long as you share

* Bad case: your neighbor is a non-member that didn't prepare for it, figuring they would just steal from you if things got bad. They are aware of YOUR supplies but don't have their own.

* Worst case: your neighbor isn't aware of anything, he is anti-mormon and he's a violent, angry neighbor just released from prison. He is going to be caught off guard by the ensuing events and will likely attempt to use violence to get what he needs or wants.

Your decision on whether to stay in the city may depend greatly on the quality and quantity of your neighbors. If you do live in a bad neighborhood, do what you can to relocate. If you live in a good neighborhood, do the best you can to educate and inform your neighbors. This might well be the most important missionary work you ever do for your own temporal salvation!

Gun Control in the Cities

No matter how you felt or thought about gun control in the past, it's time to face disaster-induced reality. The gun-control politicians (and the people who supported them) have placed Americans in a situation where not only can the police not protect us in a timely manner, but we cannot lawfully defend ourselves. Criminals unlawfully have firearms; citizens lawfully don't. Intentionally or otherwise, gun-control supporters have created a situation where an unfortunate number of innocent men, women and children are going to be in danger during a crisis simply because they could not obtain the tools of self-defense.

It also happens that the cities where the rioting will likely be the worst are precisely the cities where firearms are most likely to be banned from lawful ownership (and where criminals may wield near-absolute power for a while.). Perhaps when society recovers from it, we can review the fallacy in the cause / effect logic that keeps people voting for gun-control laws, but in the mean time, millions of people are going to have to resort to breaking the law in order to protect their families. And yes, you too will have to resort to breaking the law if you are to acquire a firearm in an area where guns are entirely banned from private citizens (like New York, Los Angeles, etc.).

After the disaster hits, if the rioting gets really bad, we're going to see local police begging law-abiding citizens for help. Your firearm will be a welcome addition to the force of law and order, believe me. No local cop is going to mind you having a handgun if you're manning a roadblock protecting a neighborhood of families with children. Act responsibly, tell them what you're doing, and they'll probably give you a big thanks. But if you're carrying a gun while you smash a window of the Wal-Mart and walk off with a stereo; well that's a different story. Be prepare to get shot.

See, cops don't mind private ownership nearly as much as we've all been led to believe. I know, I work with law enforcement officers in a small town, and I ask them about topics like this. When the crisis hits, they'll be more than happy to have your cooperation. We're all going to need as many law-abiding gun-toting citizens as possible in order to fend off the criminals and establish some degree of order.

One More Reason To Move Out

If you really feel you need a firearm to protect yourself and your family, your best bet may be to move to a city or state where people are a lot more accepting of firearms. You'd be surprised what a difference the locale makes. Check the gun laws in any state you're considering moving to. Obviously, "cowboy" states like Arizona, Texas and Wyoming will have fewer restrictions on firearms (and, interestingly, they have less of a problem with gun violence). States where the population is more dense (like California & New York) tend to have much greater restrictions on private ownership of firearms.

Bugging Out

Suppose it's July 14, 2006, and you've changed your mind about this city thing. You happened to be right smack in the middle of one of the worst-hit cities in the country. The looting is getting worse, the power has been out for two weeks, and your water supplies are running low. You still have enough gas in your truck to make it out of town if you can get past the gangs, that is. You've decided to BUG OUT!

Some basic pointers:

* Don't try to bug out in a Chevy Geo. You will likely need a big heavy 4x4 truck in order to go off-road and around stalled vehicles

* Get something that can carry at least 1000 pounds of supplies. A big 4x4 pickup will do nicely! Yes, it requires more fuel, but you can carry the fuel as cargo.

* Don't bug out unless you can have someone ride shotgun, literally. You will need an armed passenger in case you run into not-so-nice people

WHAT TO TAKE [Overly simplistic. See my booklet [Evacuation and Relocation](#).]

Ahh, the bug-out supply list. All this will fit in your truck. Here's what you should take if you're preparing to bug out with two people:

- * Your 96 hour kits for each person in the vehicle
- * 20 gallons of water
- * 40 gallons of extra fuel or more (and a full gas tank)

WHERE TO GO

As mentioned earlier, if you have a designated place of refuge (Grandma's house, a cabin in the woods, etc.), head straight for it. If not, you're basically driving anywhere you can go, so try to head for an area that forested and near a creek or river where you can get some water.

Conclusion

Choosing to remain in the city is a rational choice for many people in many situations. However, as you have seen from the dangers described here, the further away you can get from the population centers in general, the better your chances of surviving.

Most people, perhaps yourself included, have a difficult time actually accepting that a major disaster is going to be as bad as described in this report. And after all, if you leave the city, sell out, quit your job, move to the country, and then nothing bad happens? You will have disrupted your life, and you may find yourself broke, jobless, and homeless. You COULD assume it will be a mild event, which I suppose is also a credible possibility. In that case, surviving in the city will be quite feasible, especially if you have neighbors that can support your efforts and you don't live in a dangerous city with high racial tensions. However, the very nature of a major disaster means that if only one or two major infrastructure components goes down, the ripple effect will quickly create a much worse scenario. It seems there is very little room for "mild" effects unless they are miniscule. The most likely scenario at this point clearly points to massive disruptions, severe shortages in food and water, loss of power in some areas, and a breakdown of social order in certain areas where the population density is high.

But you can survive anything with good planning, an open mind, and plenty of practice. Why not start now?

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[**Note from Miles Stair.** I have written virtually all of this web site. I take full credit or blame for what I have written. I have posted quite a few articles on this web site written by others and have always clearly identified the author if known. I have not commented on a single article written by others, assuming people are bright enough to have their own built-in bilge filter for extraneous comments be or bias of an individual author. Because I followed this policy with the above post, I was taken to task by Rev. E. F. Khelama of Louisiana because the author of this article mentioned incidents in New Orleans following Hurricane Katrina. You may want to listen to the "[Battle of New Orleans](#)" while reading.

Rev. Khelama had the following comments: "I happen to be African-American minister and I live in Louisiana. I was here when Katrina hit.... This author's statements are not only biased, no doubt influenced by the media's distortion of the truth, but it hints of racism.... For the record, the stories of violence and looting have since been proven to be false or widely distorted.... There was no "breakdown in society."... Believe me, if black people were as violent as far too many white racists believe they are, America would be in trouble....(Regarding the looting) That's a lie. They took what they needed.... If black people were as violent as white racists try to make them out to be, you'd have in America what you have in France today and what you had in Ireland for decades. And you would've had it a long time ago.... Are you even remotely aware that it must take an awful lot for black people to react violently on a collective scale against whites who have oppressed them for centuries, not years?... This is about the truth as opposed to what was presented as "facts." Most of what was said were lies. I was there. You weren't. Neither was the "author in Canada." There were no "transgressions" there to forgive."

[Rev. Khelama is right - I wasn't there. So to offset any perceived racial bias or inaccuracies in the article above, I give you Rev. Khelama's own words as an eyewitness. And to counterbalance part of Rev. Khelama's statement, I give you below the words of President Theodore Roosevelt.]

"In the first place, we should insist that if the immigrant who comes here in good faith becomes an American and assimilates himself to us, he shall be treated on an exact equality with everyone else, for it is an outrage to discriminate against any such man because of creed, or birthplace, or origin. But this is predicated upon the person's becoming in every facet an American, and nothing but an American... There can be no divided allegiance here. Any man who says he is an American, but something else also, isn't an American at all. We have room for but one flag, the American flag... We have room for but one language here, and that is the English language... and we have room for but one sole loyalty and that is a loyalty to the American people."

Theodore Roosevelt 1907

http://www.endtimesreport.com/Why_prepare.html

WHY PREPARE?

Miles,

I would like to thank you for the valuable information on your web site and encourage any new visitors to your site to heed your recommendations.

Foolish Logic Or A Logical Fool?

What is a survivalist? Many have the view that they are uneducated, government hating, gun loving, poor, hicks from the sticks capable of subsisting on worms and bark in the wilderness. That certainly doesn't describe me. Nor does it describe the thousands of middle class working people in this country who have come to understand that there could come a time when they, and they alone, would be responsible for their safety and security.

If you prepare for bad times there are only two possible outcomes. Either you will end up needing the preparations you have made, or you will not. Lets look at each one.

What are the odds that your preparations would mean the difference between life or death? Is that the only criterion? Would it be worth the effort if it were just the difference between alive but terrified as you became a refuge with the masses instead of being in control of your destiny in the location you have chosen?

I don't know what the odds are and nobody does. However the odds of a home fire are 1 in 1200, which is a .00083 percent chance. Yet, most of us have home fire insurance. The odds of needing auto insurance are 1 in 250, a .004% chance and most of us have car insurance.

If the odds of a Weapons of Mass Destruction attack on this country was only 1%, you would be a fool not to at least take rudimentary steps to protect against it. One rogue nuclear bomb exploded in mid air to create and [EMP "black out" scenario](#) and your preparations certainly would mean the difference between life and death. I believe that a scenario such as that is much more likely than a home fire and much more life threatening. Not having insurance for such a thing seems pretty foolish to me. If you think the government will take care of you, you are a fool.

Is a 1% chance a valid number? What if I told you that there is a guy that went from a poor college student to one of the world's richest men by being an expert at predicting what the future held in the financial world. This man said "We're going to have something in the way of a major nuclear event in this country," He said. "It will happen. Whether it will happen in 10 years or 10 minutes, . . . it's virtually a certainty."

For those a little rusty on your math, "a virtually certainty" means pretty much a 100 percent chance of occurring. Famed investment guru Warren Buffet said that on May 7, 2002. Buffet is arguably one of the most

logical and non-emotional intellects of our time.

What if he, and Miles and the Department of Homeland Security and everyone else telling you to prepare are wrong? Say you go to the effort and expense and never need it? I would tell you that it's still worth doing.

Knowing that come what may you and your family will be okay gives a person comfort and confidence. That confidence is translated into the way you carry yourself in public. That benefits you in whatever you are trying to do to get ahead in this world. Does it not give you comfort that you have fire insurance even though you have never needed it?

An all out disaster is not the only threat we have in today's world. In my estimation parking lots, particularly at night can be dangerous places, especially for women. I don't want my wife or children running to the grocery store several times a week for a few items. Not only dangerous but a poor use of time, gas and so on. Our stored items have allowed us to keep grocery store trips to one per week during daylight hours.

Lastly, what if you think making preparations is a good idea but your spouse thinks its foolish. Pre 9/11 there was more of an excuse to consider such things extreme. And yet after that "wake up call" your spouse is still sleeping. That's a tough one. Now, everyone is telling you to do it. DHS, the Red Cross, the Los Angeles Fire department all have devoted significant resources on their web sites telling the masses to be ready. Never allow a family member to make you feel that such thoughts are crazy and consider using some of these mainstream sources to educate them.

Short of that either prepare without their cooperation or find a new spouse. I am not big on divorce but the Bible does speak of being "equally yoked". The thing not to do is nothing because that would be foolish.

Brian H

http://www.endtimesreport.com/Personal_Catastrophes.html

Preparations Are Valuable For "Personal" Catastrophes

Thank you for your wonderful website! I just discovered it today and am thoroughly enjoying it. I was raised with the concept of having a year's supply of food on hand and being prepared for emergencies. This frame of mind has helped us in many situations.

From what I have seen so far, your website focuses mainly on large catastrophes. I was wondering if you would also be so kind as to point out that these **preparations are valuable for "personal" catastrophes as well**. I think adding this would help reach a greater circle of people.

Many people tend to think "it could never happen to me." Many people thought just that before Hurricane Katrina and we are all well aware of the heartache experienced by so many in the gulf states. It is sometimes difficult to "wrap one's brain around" something as big as a nuclear attack. **It may be easier to relate to some of the following scenarios:**

Because of a natural disaster, gas prices jump so high that there is little money left over for groceries. OR, because of a sudden rise in gas prices, prices on everything else goes up as well. (I was living in Asheville, NC when Katrina made land-fall, and our gas pipelines were off-line. There was panic-buying, long lines, shortages, and prices over \$4 a gallon for gas. I was fine as I had purposely filled my gas tank a day or two before Katrina was expected to hit.) Prices on other goods in the mountains have gone up considerably since then.

The breadwinner in the home is involved in a traffic accident and insurance doesn't cover his/her lost wages. (OR, the breadwinner is no longer able to work.)

A serious illness strikes a family and a choice must be made between seeking medical help and buying groceries.

Sudden expenses (such as major car repairs or some other such thing) cut into the family budget. (That would be US this year. Thank goodness for food storage!)

A job is suddenly lost and unemployment is either not available or (as is always the case) does not replace the lost wages.

An employer has money problems and your paycheck bounces. (Happened to my Father. We are very grateful he had at least 3 month's wages in the bank. Other employees were not so lucky.)

A sudden move is required because of work or family situations and all available cash needs to flow towards that effort. (Can you say "military move"?)

A family member has a financial disaster (or is hit by a natural disaster) and needs help.

A neighboring town is hit by a tornado and needs immediate food donations, but supply routes are cut off by storm damage. Do you have any food you can donate quickly to (literally) feed HIS sheep?

There are so many scenarios where this type of preparation can be of help to a family. All of these situations have happened to us or to someone we know well.

Then there are the other benefits. If self-sufficiency is a lifestyle, then all family members are involved. This brings a family together towards a common purpose. This knowledge is more valuable than any "stray facts" a child could pick up in school. Your child could gain a PhD but if she cannot cook for herself, then what good is that PhD?

We are a homeschooling family and my six-year-old can run a wheat grinder, cook on the stovetop, knead bread dough, and last season successfully planted and harvested carrots and green beans on her own. How many adults can do this? On top of all this, we are good friends with each other. But most important of all, she is developing an appreciation for God's blessings and the tender mercy He shows His children through His creations. Is there anything more valuable I could give her?

Best wishes and many prayers for your success in your endeavors.

Cheryl

[This was written by web site reader Cheryl on December 15, 2005. The points she made are very well taken. One could add that a catastrophe in a nearby State, like an earthquake in California, could made delivery of food and other essentials scarce everywhere in the country within a week, as our nation's "warehouses" are the 18 wheelers on the road. Simply buying two of the essential goods you normally purchase is a good way to begin preparations. Just putting one item at a time on a back shelf will accumulate a stock of essentials in a hurry, and when needed you have that extra edge in preparations.]

My booklets have the beginning stages of preparation, the check lists of vital necessities, etc. I have expanded the booklets on a CD version which also contains a wealth of information on expedient shelters, self help for medical emergencies, what you can do about EMP, and too much else to mention. Either the printed booklets or the booklets CD with incredible bonus material are available for \$14.95 from my [Survival Shop](http://www.endtimesreport.com/threedays_b.html).]

http://www.endtimesreport.com/threedays_b.html

The Three Days Of Darkness



Supplies such as 6 mil black plastic will be essential to get through the three days of darkness.

In *The Two-Fold Chastisement: Visions of The Coming Earth Changes*, the 'The Long Night', or commonly known as The Three Days of Darkness is treated in depth.

This coming event is not the first time it has occurred in the known history of man. However, this time, it is the second part of a Two-Fold Chastisement. The first part, as God's Holy Mother has said, "will come from man himself."--it will come from within. She also said, "Nature will turn against you."

We are now experiencing these things from within: terrorist attacks by our own people (The Murrah Building, Anthrax, etc. and more to come), El Niño, strange weather for the past several years--these are "all plain signs" we are about to undergo a Chastisement "worse than the deluge," she said.

Here, in an abbreviated form, is what many of the Mother Church's saints have said, given them by God Himself and His Holy Mother.

THE IMPENDING SIGNS

Increasing violent disturbances on land, at sea, and in the air; earthquakes, hurricanes, tornadoes, windstorms, cloudbursts, breaking of dams, overflowing of streams and seas, huge tidal waves, floods, unusual "accidents" taking many lives, famines, epidemics, destruction, destitution, failure of crops, water and crops will change, becoming more "polluted" and less nourishing. Revolutions, downfall of governments, dissensions, wars, confusion in high places, lack of respect for authority, treachery, corruption, brutalities, atrocities. Breakdown of family life, immorality, adultery, infidelity, promiscuity, perversion and violence of youth, disobedience, lack of values, indecent nakedness of dress, countless sins and iniquities, people concerned only with eating, drinking, dancing, and pleasures. Flaunting of Church laws, irreverence and immodesty in church, lack of attendance at Church, neglect of holy conduct on Sundays, neglect of the sacraments, sinful pride in sham-religious activities, many "religious" will fall away and take souls with them, enemies, persecution, suppression of the Church will increase and there will be many martyrs. Lack of charity, heartlessness, indifference, and lack of concern for our neighbor, people turning against each other, even in the bosom of the family, people proud in their own knowledge, and turning away from God.

We are experiencing these things now. Just glance at the daily newspapers to see clearly the above impending signs.

THE IMMEDIATE SIGNS

The night will be **BITTERLY COLD**, the wind will howl and roar, then will come lightning, thunderbolts, earthquakes, the stars and heavenly bodies will be disturbed and restless. There will be

NO light, but TOTAL BLACKNESS, utter dark will envelop the entire earth. This will come suddenly like a flash!

NOT A SINGLE DEMON WILL BE LEFT IN HELL. Hell will be emptied and EVERY evil spirit will be released to roam over the earth and do all possible harm to souls. The evil ones will appear in the most frightening forms and will fill the air with pestilence and poisonous gases, there will be "TERRIFYING APPARITIONS." Many will die from fear and despair, the wicked people will behold the Divine Heart of Our Lord.

"My angels, who are to be the executioners of this work, stand ready with pointed swords and they will take special care to annihilate all those who mock ME and would not believe in My revelations."

Hurricanes of fires will rain forth from Heaven and spread over all the earth, fear will seize mortals at the sight of these clouds of fire, and great will be their cries of lamentation, many godless WILL BURN IN THE OPEN FIELDS LIKE WITHERED GRASS. God's wrath will be poured out upon the whole world, the "chastisement" will be terrible, SUCH AS NEVER BEFORE, and will afflict the ENTIRE EARTH.

Satan will triumph in these awful days, and hell will appear to have gained possession of the world, but God will reclaim it, for even this chastisement is an act of God's mercy. He tells us NOT TO PRAY AGAINST IT, as it must come, but pray to save yourself and as many others as possible, and pray that these days may be shortened.

BETWEEN THE IMPENDING AND THE IMMEDIATE SIGNS--

There are predicted two other occurrences, as additional and final warnings before the terror of the three-day darkness. A Prodigy during which time EVERY soul will be shown exactly how they have offended God and to what extent. This will be a time of such intense personal suffering that many will "wish" to die, but no one will.

A Miracle similar to that at Fatima, a great wonder to convince many, predicted to take place on the Feast Day of a "young martyr" of the "Eucharist" but NOT on a holy day of Our Lady. The miracle will last for about a quarter of an hour and will be visible from Garabandal, Spain, and the surrounding mountains. Our Holy Father will see it no matter where he is at the time. This miracle will take place on a date which will be "announced" eight days BEFORE. Afterwards, God will leave a sign in memory of it.

THE CROSS IN THE SKY

As late as 1965, the three days of darkness was spoken of again in a holy person in Europe: "The Divine fire and the fire of hell will arrive and last during the days of darkness indicated by all the saints. My luminous cross will appear in the sky; it will be the sign that the final events are close, and will remind all of My terrible passion, so that they will have time to reflect, for **I shall not punish the world WITHOUT PREVIOUS ANNOUNCEMENT.**

All will have time to comprehend the significance of that cross in the sky, and everyone shall see it. All will know, even those who "reject" it, that this My cross will be the sign that a Redeemer came once to bring salvation and pardon. My cross will be honored as never before.

WHAT TO DO FOR PROTECTION DURING THE THREE DAYS

As soon as you perceive the disturbed signs of the very cold night: Go inside, shut and lock all doors and windows, pull down the shades, keep the doors and windows well covered, go and stay away from doors and windows. Do not look out, do not go outside for any reason, and do not talk to anyone outside. **ANYONE WHO LOOKS OUT OR GOES OUT WILL DIE IMMEDIATELY!** The wrath of God is holy and He does not want us to see it.

LIGHT YOUR BLESSED CANDLES

All will be black, and the only thing which will give light will be blessed wax candles; even these will not burn in the houses of the godless scoffers.

Once lit, NOTHING WILL PUT THEM OUT IN THE HOUSES OF THE BELIEVERS. Be sure to keep a supply of blessed wax candles in your homes -- also Holy Water to be sprinkled freely around the house, especially at doors and windows. Bless yourself and others with it. Drink it and anoint your "senses" with it (eyes, ears, nose, mouth) and hands, feet, and forehead.

KEEP ON HAND a sufficient supply of food, water and blankets for those of your household and any visitors. Do not count on any utilities.

TAKE CARE OF YOUR ANIMALS by leaving enough food and water outside for them to last these days. God will preserve the property of the elect, including their animals. It is assumed that house pets may be kept inside. Animals which have been petted or cared for by a BLESSED person receive a certain protection.

KNEEL DOWN BEFORE A CRUCIFIX AND PRAY INCESSANTLY. Pray with outstretched arms, or prostrate on the floor, pleading for many souls to be saved. Make acts of contrition, of faith, hope, and love. Make acts of Spiritual Communion. Read spiritual books. PRAY THE ROSARY with meditation on its mysteries. "You must think more of the Passion of Christ."

CALL UPON GOD'S MERCY, and call upon Our Blessed Mother for He has given these times into the care of the Sorrowful and Immaculate Heart of Mary (under that title). "No harm will come to those who are in the state of grace and seek My Mother's protection."

FOR YOUR SPECIAL INTERCESSORS, call upon the Holy Trinity, Holy Mary, Saint Joseph, Saints Peter and Paul, Saint Therese (the Little Flower), Saint Francis of Assisi, Saint Elizabeth of Hungary, Saint Conrad of Parzham, the Holy Angels, your own Guardian Angels, and Saint Michael the Archangel. The cry: "Who is like unto God!" (the motto of Saint Michael) will serve as a protection to many.

Those who are caught traveling on the road and unable to get to shelter will die as martyrs and be taken to Heaven, if they are good. Some children and others will be taken to Heaven beforehand, to spare them the horror of these days.

"THOSE WHO DISREGARD THIS ADVICE WILL BE KILLED INSTANTLY."

These days of darkness have already been postponed by the increased prayers and the sacrifices of good people and through the intercession of Our Blessed Mother. They may still be delayed a little more, but make no mistake about it, THEY WILL COME, for in the merciful plan of God, this world must be purified of its sin. It is predicted that these **THREE DAYS OF DARKNESS will come and NO ONE WILL ESCAPE THE TERROR OF THESE DAYS!**

"I WILL FIND THEM ALL." -- This is Christ speaking.

THE AFTERMATH

After the three days of chastisement are over, **there will be no UNGODLY PERSONS left**, the godless will be annihilated. Seventy-five percent of humanity will be destroyed, more men than women.

Everyone left on earth will believe in God with all their hearts.

The devastation will be astonishingly great, but the earth will be purified. The spiritual fervor of the early Christians will return, but there will be so few men left on earth. When all seems lost, then in a twinkling, all will be saved, the sun will shine again and it will be as springtime, all fair and beautiful. The Holy Angels will descend from Heaven and spread the spirit of peace over the earth, and the just will be able to start life anew.

Some nations will disappear entirely, and the face of the earth will be changed. There will be **NO MORE BIG BUSINESS**, huge factories and assembly lines which sap men's souls and moralities. People will return to the land.

Our Holy Church will rise again, and religious communities will flower. A feeling of immeasurable gratitude will possess the hearts of those who survive this terrible ordeal and, upon the return of light,

ALL SHOULD KNEEL DOWN IMMEDIATELY AND GIVE THANKS TO THE HOLY TRINITY FOR THEIR PROTECTION, AND BLESS GOD.

Then will follow the era of peace as promised by the Blessed Virgin at Fatima.

WE MUST GET AND REMAIN IN THE STATE OF GRACE NOW

We never know the day nor the hour when God may call us. We must let none of these signs turn us from our Holy Mother Church, but we must cling to our Holy Faith and TRUST IN GOD'S MERCY. He has promised to protect the just. Do not offend Him by lack of trust.

"Those who believe my words and spread this message will have nothing to fear. Those who fight for my cause will receive grace from My Divine Heart."

HAVE YOUR HOME BLESSED AND CONSECRATED TO THE HOLY HEARTS OF JESUS AND MARY. And always keep on hand: Holy Water, Blessed Wax Candles, Blessed Palm, Blessed Crucifix, Images of Jesus, Mary, and Joseph.

RECOMMENDED PRAYERS AND DEVOTIONS

Holy Mother Church gives us a choice of many devotions and a great treasury of indulgences. She tells us that we should value indulgences highly and we should gain as many as possible for ourselves and others.

Be enrolled in and constantly wear the Brown Scapular of Our Lady of Mount Carmel, which is "Our Lady's Livery." Every day recite the commutation prayers of seven times Our Father, Hail Mary, and Glory Be, to gain the Sabbatine Privilege (rescue from purgatory the Saturday following your death).

Be enrolled in and wear the Miraculous Medal of Our Lady, which bestows such great graces. Remember her words when She sadly said: "Many people do not receive graces because they do not ask for them."

The Miraculous Medal Prayer

O Mary, Conceived without sin, pray for us who have recourse to thee.

It is well also to wear the Saint Benedict Medal, which is the highest indulgenced Medal of the Church. Learn and recite the prayers against Satan, which are engraved on the Medal.

We should cultivate such devotion to Saint Joseph. It is revealed that wherever the Blessed Virgin is, Saint Joseph is always with Her, because it was given to him to take care of Her.

We must always draw nearer to and rely upon the Holy Angels, remembering that they are not only our guardians but also our messengers, ready to do our bidding. There is a chaplet in honor of the Angels, which contains remarkable promises for those who recite it.

We are urged to make MANY MORE VISITS TO THE BLESSED SACRAMENT, and to make Holy Hours. If we cannot go to a Church for these things, then we should send our Angel to attend Holy Mass for us, to visit Jesus in the Blessed Sacrament, to attend to our prayers.

We should make VERY MANY SPIRITUAL COMMUNIONS. Our Lord asked Sister Benigna to let not even a quarter of an hour pass without making a Spiritual Communion. SO DESIRABLE HIS IS.

The "Storm Novena" is valuable, in that it brings us to the Blessed Sacrament nine times in one day. Another devotion most pleasing to Our Lord is to His Holy Face. He not only wishes us to make reparation for the insults to His Holy Face, but he wants us to behold Him face to face for all eternity.

Saint Athanasius relates that the devils on being asked what verse in the Scriptures they feared the most, replied: "That with which the 67th Psalm commences: Let God arise, and let His Enemies be scattered, and let them that hate Him flee from before His face!" They added that this verse always compelled them to take flight.

We should give special attention to Saint Michael, the Archangel, and continue to recite the prayer (by Pope Leo XIII) after each Mass. This holy Pope composed this prayer after his terrifying vision of Satan's power of destruction in these times.

Much more devotion should be given to the Holy Spirit. We should be impressed with the importance of the Holy Ghost when we recall that Our Lord said that He must go, in order that the Holy Spirit could come, and "The Holy Spirit will teach you all things that you need to know."

We should not forget the Poor Souls in Purgatory. We ask them for favors, and pray for their release. They are very grateful for the prayers received from us and they respond in kind. They remember us when they get to Heaven and intercede for us before God Himself.

The Green Scapular continues to bestow many blessings and effect many conversions and returns to Church, with the prayer: "Immaculate Heart of Mary, pray for us now and at the hour of our death."

In Our Lord's revelations to Berthe Petit, He particularly asked devotion to Our Blessed Mother under the title of "Sorrowful and Immaculate Heart of Mary."

A prayer too much forgotten is the one which Our Lady of Fátima asked to be said when we offer sacrifices: "O Jesus, it is for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary."

When Sister Josefa Menendez (called the "second Margaret-Mary") asked Our Lady for a prayer to be said constantly while working, She gave this: "O My Beloved, Who art also My God, make my heart a flame of pure love for Thee!"

Very great promises to save countless souls accompany this little prayer which Our Lord taught to Sister M. Consolato Betrone (Capuchin Nun): "JESUS, MARY, I LOVE YOU! SAVE SOULS!"

The fifteen prayers of Saint Bridget of Sweden, on the Passion of Our Lord, are most timely, since Our Lady has recently impressed upon us that we "must think more of the Passion of Jesus."

In one of Our Blessed Mother's revelations to a stigmatic nun in Italy, she said: "My daughter, the time is not far off. When men least expect it, the course of Divine Justice will be accomplished.

"My Heart is so big for poor sinners and I make use of every possible means that they may be saved. Look at My Mantle, how big it is! If I were not bowed over the world, to cover all with My maternal love, the tempest of fire would already have broken upon the nations.

"This is the mantle of My Mercy for all those who, have repented, come back to My Immaculate Heart. See. My right hand holds the mantle to cover and save poor sinners, while My left hand holds back Divine Justice so that the time of mercy may still be prolonged.

"To help me in this, I ask that the prayer of 'Maternal Refuge' be spread as a most useful means to obtain graces and salvation for poor sinners."

With Arms Crossed, Say Often: "QUEEN OF THE UNIVERSE, MEDIATRIX OF MEN TO GOD, REFUGE OF ALL OUR HOPES! HAVE MERCY ON US!"

<http://www.endtimesreport.com/links.html>

Links



[Miles Stair's Wick Shop](#) - for all your kerosene heater and lamp wick needs. This

SOURCES OF SUPPLY

"Butterfly" brand kerosene stoves are available from www.StPaulMercantile.com .

[Seed for Security](#) Garden seed from [Farmerick](#).

<p>is my online store!</p>	
<p>SURVIVAL EQUIPMENT</p> <p>Back Pack Gear Test Emergency Preparedness Gear Lehman's Non-Electric Catalog The Internet Grocer Walton Feed</p>	<p>PAC Stoves - Extremely rugged, very cleverly designed wood stoves for heating, cooking, grilling, smokehouses, etc. And inexpensive!</p> <p>Pleasant Hill Grain, <i>Kitchen Equipment</i></p>
<p>SURVIVAL INFORMATION</p> <p>Aussie Survivalist (Excellent source) Armageddon-Online - Disaster news and end of the world scenarios British Blades :: Custom Knife Making - an Internet forum with terrific info! Homesteading and Frugal Living News (HFLN) Mary's Homestead Pioneer Living "Back to Basics" Online Magazine Survival Forum The Survivalist Blog How to Fix Bicycles English French LARGEST ONLINE COLLECTION OF MILITARY MANUALS I HAVE EVER SEEN</p>	<p>INFORMATION</p> <p>Training Room Logistics (Excellent ebook for virtually any type of training.) Christian Underground Chuck Baldwin Citizens For a Safer Oklahoma The Citizens Informer newspaper The Committee To Restore The Constitution The Citizens Informer newspaper The Committee To Restore The Constitution Buffalo Bird Woman's Garden Sustainable Living Concepts - Coquille, OR USDA Home and Garden Bulletins which can be downloaded for free. Your tax dollars paid for them!</p>
<p>POLITICAL</p> <p>American Conservative Union American Patriot Network Free Congress Foundation Free Republic The Freedom Page</p>	<p>LEGAL</p> <p>American Center for Law and Justice Federalist Digest FIJA - Fully Informed Jury Association J. A. I. L. News Journal</p>
<p>PREPARATION TIPS AND LINKS</p> <p>1948 U.S. Railroad Atlas - Location Biodiesel How to Find Water Retreat Areas Russian Motorcycles Solar Cooking Solar Water Heater & Pasteurizer Thoughts On Disaster Survival</p>	<p>INTERNET FORUMS</p> <p>Garden Tractor Gardening Pioneer Living "Back to Basics" Online Magazine Wood stoves, fireplaces, etc. International forum about pressure lanterns and other lighting and fuel appliances Kerosene Heater and Stove Collector</p>
<p>Links which may be of interest:</p> <p>www.titaniummetalsupply.com Titanium Metal Supply Inc, supplies titanium mill products to the metal finishing industries including aerospace, architectural, automotive, biomedical, chemical processing, industrial, marine, oil, and others. We are a stocking distributor, and full service source of titanium mill products.</p>	<p>Title: Bicycle Rack Description: The Park Catalog supplies picnic tables, park benches, grills, bleachers trash receptacles and a wide array of products for parks departments, municipalities, and outdoor recreation facilities. URL: http://www.theparkcatalog.com/items.asp?Cc=BR Email address: linktrade@theparkcatalog.com</p>
<p>A website that you might find useful with extracts of newsgroup conversations. The Lubricants General file or the Rust Removal file (both in the section called General Metalworking and Other Useful Files)</p>	<p>New online store www.silvacosave.com</p>

www.janellestudio.com/metal/	
RELIGIOUS A Catholic Guide to Surviving the Economic Chastisement Catholic Items for the Home and Garden (Great source for religious articles and gifts!)	
	-

Under construction...patience, please.